Carleton Rode Primary School

SUMMER LUNCH MENU

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Macaroni Cheese - V	Chilli Con Carne	Roast Chicken in Gravy	Sweet & Sour Chicken	Fish Goujons
OPTION 2	Moroccan Bean Casserole - VV	Katsu Curry - VV	Tempeh, Spinach & Sweet Potato Hotpot - VV	Penne Pasta in Tomato & Basil Sauce - VV	Vegetable Quiche - V
SERVED WITH	Vegetable Medley Potato Wedges	Mixed Vegetables White Rice	Carrots Roast Potatoes	Green Beans Wholegrain Rice (Option 1) Saute Potatoes (Option 2)	Baked Beans (Option 1) Peas (Option 2) Chips
DESSERT	Jam Sponge - V Custard	Apple Crumble - VV Custard	Pineapple Sponge - V Ice Cream	Chocolate Sponge - V Custard	Syrup Sponge - V Ice Cream

WK COMMENCING : 21 APRIL, 5 MAY, 19 MAY, 9 JUNE, 23 JUNE, 7 JULY, 21 JULY

V - VEGETARIAN
VV - VEGAN

SUMMER LUNCH MENU

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Chicken Curry	Sausages in Onion Gravy	Roast Beef in Gravy	Tuna Pasta Bake	Chicken Goujons
OPTION 2	Vegetable Cheese Bake - V	Thai Red Curry with Chicken Style Pieces - VV	Vegan Sausages - VV	Lentil Bolognese - VV	Cheese & Onion Pie - V
SERVED WITH	Broccoli Wholegrain Rice	Vegetable Medley Mashed Potato (Option 1) Wholegrain Rice (Option 2)	Mixed Vegetables Roast Potatoes	Sweetcorn Potato Wedges (Option 1) Penne Pasta (Option 2)	Baked Beans (Option 1) Peas (Option 2) Chips
DESSERT	Lemon Flavour Sponge - V Ice Cream	Summer Fruit Sponge - V Custard	Somerset Apple Cake - V	Bakewell Tart - V	Chocolate Chip Sponge - V Custard

WK COMMENCING : 28 APRIL, 12 MAY, 2 JUNE, 16 JUNE, 30 JUNE, 14 JULY

V - VEGETARIAN
VV - VEGAN