Carleton Rode CEVA Primary School
PE

"I've failed over and over again in my life. And that is why I succeed."
Michael Jordan

Our Vision	Our Values
'Love your neighbour as yourself' ***'Be yourself, but be your best self.'*** PE at our school aims to embody our school vision. The intention is to inspire children to be the best version of themselves through inspiration, creativity and self-expression. Physical education plays a crucial role in promoting the principle of "love your neighbour as you love yourself" by fostering inclusion, cooperation, respect, empathy, and positive social interactions among students. Through collaborative activities, fair play, cultural appreciation, and supportive environments, PE encourages students to treat their classmates with kindness, compassion, and respect, contributing to a positive and inclusive school community.	***Kindness*** PE provides opportunities for students to demonstrate kindness and empathy towards their peers through teamwork, cooperation, and support. Teachers can encourage students to work together, show respect for others' abilities and efforts, and celebrate each other's achievements. By fostering a culture of inclusivity and kindness in PE, students learn valuable social skills and develop positive relationships with their peers. ***Honesty*** PE emphasises the importance of honesty, integrity, and fair play in sportsmanship and competition. Teachers can encourage students to play by the rules, follow instructions, and demonstrate integrity in their actions on and off the field. By promoting honesty and fair play in PE, students learn the importance of integrity and ethical behaviour in all aspects of their lives. ***Perseverance*** PE provides opportunities for students to develop perseverance, resilience, and determination as they face challenges and overcome obstacles in physical activities and sports. Teachers can encourage students to set goals, push themselves outside of their comfort zones, and persist in their efforts even when faced with setbacks or difficulties. By fostering a growth mindset and celebrating effort and improvement, students develop the perseverance and resilience needed to succeed in PE and beyond.

Intent	Implementation	Impact
At our school, we aim to provide a PE curriculum that inspires pupils from Reception to Year 6 to develop a life-long appreciation of an active and healthy lifestyle. We ensure all children experience a broad range of activities that help them to develop their health, fitness and wellbeing whilst providing opportunities for all to be successful and to find physical activities they enjoy and may wish to pursue outside of school. We intend to offer a high-quality physical education curriculum that inspires all pupils to excel in competitive sport and other physically demanding activities. It provides opportunities for pupils to become physically confident which will help them both inside and outside of physical activities. We provide opportunities to compete in sport and other activities which build character and help to embed values such as fairness and respect. At our school we want all our children to develop confidence and self-esteem, we believe by providing all the above as well as opportunities for leadership and coaching our PE curriculum can support this vision. The national curriculum for PE aims to ensure that all pupils: - develop competence to excel in a broad range of physical activities are physically active for sustained periods of time; - engage in competitive sports and activities - lead healthy, active lives	We offer a dynamic, varied and stimulating program of activity to ensure that all children progress physically through an inspirational, unique and fully inclusive PE curriculum. We encourage all children to develop their understanding of the way in which they can use their body, equipment and apparatus safely yet imaginatively to achieve their personal goals. All children have the opportunity to enjoy being physically active, maintain a healthy lifestyle and using the medium of sport, increase their self-esteem. We aspire for children to adopt a positive mind-set and believe that anything can be achieved with determination and resilience. The aim of Physical Education is to promote physical activity and healthy lifestyles. Children are taught to observe and produce the conventions of fair play, honest competition and good sporting behaviour as individual participants, team members and spectators. Thus embedding life-long values such as co-operation, collaboration and equity of play. The key knowledge and skills are mapped across each year group. This ensures that children develop their skills and are able to apply these through games, dance and gymnastics, athletics and outdoor and adventurous activity progressively. The skills in these areas are also therefore developed systematically, with the programme of study for each year group building on previous learning and preparing for subsequent years. We feel that children's ability to communicate, collaborate and negotiate with each other is fundamental in develop interpersonal skills for life. Through Physical Education we strive to ensure all children get the opportunity to practice these skills in a supportive and safe environment through taking on roles such as coach, referee and captain.	The children complete each milestone along their journey with a high proficiency in each aspect of PE. Children are aware of the link between physical activity and good mental health and understand its significance as part of a healthy lifestyle. The school participates well in a number of sporting activities. Regular performances showcase the considerable achievement that children make in these areas, in each year group and the impact of the school's work with external agencies also demonstrates the positive impact of the PE curriculum. The children leave our school confident to take their place in High School. They can demonstrate this confidence through competition and taking on leadership roles and responsibilities both with PE and across all areas of the curriculum.

Progress	Content & Sequencing	Enrichment
Progress is ensured through well planned and sequenced learning that provides children with both the knowledge and skills to be successful. The children's progress is monitored through both formative and summative assessments. 	The National curriculum has been mapped out to ensure children get a wide variety of physical experiences while embedding a deep understanding of physical literacy and healthy living. We have created a skills progression for each area of the curriculum to ensure children and staff know that they are progressing. Core skills are taught and we make sure we contact how these skills can be applied across many areas both inside and outside of Physical Education. 	PE can be enriched through the inclusion of a variety of physical activities, sports, and games that cater to different interests, abilities, and learning styles. Teachers can offer opportunities for students to explore new activities, develop skills, and challenge themselves in a supportive and inclusive environment. Enrichment activities could include dance, gymnastics, outdoor adventure, or recreational sports leagues, providing students with a well-rounded and enjoyable PE experience. 

Spiritual Development	Cross-curricular links	Monitoring the Impact
While spirituality is not typically a central focus of PE, teachers can incorporate elements of mindfulness, reflection, and connection to the body and nature into their lessons. Practices such as yoga, tai chi, or meditation can be introduced to help students develop a sense of inner peace, mindfulness, and connection to themselves and the world around them. 	PE can be integrated with other subjects to reinforce learning and promote holistic development. Teachers can incorporate concepts from subjects such as science (e.g., anatomy, physiology), mathematics (e.g., measurement, statistics), and geography (e.g., exploring sports from different regions) into their PE lessons. By making cross-curricular connections, students see the relevance of physical activity to their overall education and develop a deeper understanding of how different subjects intersect in real-world contexts. 	The teaching and learning of PE is monitored by the PE lead. Monitoring tasks include pupil book study, termly learning walks, data analysis and pupil voice. Teaching staff also feedback on successes and areas needed further focus. The subject lead will then create an annual report which is shared with governors. 

Global Diversity	Financial Understanding
PE provides opportunities to celebrate and appreciate the diversity of cultures and traditions through the exploration of various sports, games, and physical activities from around the world. Teachers can introduce students to games and sports with international origins, such as football, basketball, cricket, or martial arts, and discuss their cultural significance. By learning about different sports and physical activities, students gain a greater understanding and appreciation for global diversity. 	While financial understanding may not be directly addressed in PE, teachers can incorporate lessons on the importance of budgeting, planning, and making informed choices related to physical activity and sports participation. For example, students can learn about the costs associated with sports equipment, uniforms, and facility rentals, and discuss strategies for managing expenses and resources effectively. 